

## Heart of the Editor.....



Dearly Brothers and sisters,

A blessed New month greeting to you in the most precious Name of our Lord Jesus Christ!

By His Grace we are all entered another month of this year. How times flies! The bible says, "Do not remember the former things, nor consider the things of old. Behold, I will do a new thing" Beloved, the Lord God will not forsake you. You will be comforted. You will not be lack. He will do a new thing in your life this month.

This month God promised to us: "Save When there shall be no poor among you; for the Lord shall greatly bless thee...." – Deuteronomy 15:4.

The Lord wants to bless you. but He wants us to obey His word. Now we all meditate on the sufferings of Jesus Christ. Thro' Jesus Christ we have set free from sickness, sorrow, grief and all bondage. We have set free from all slavery because of Jesus sufferings at cross. Not only free from sin but He free from all forms of slavery.

We read in Bible: "Save When there shall be no poor among you; for the Lord shall greatly bless thee...." – Deuteronomy 15:4. 28<sup>th</sup> chapter verse 8 says: 'The Lord your God will bless you in the land He is giving you'. We read in same chapter verse 1, Here God told to His people: If you fully obey the Lord and carefully follow all His commands, the Lord your God will bless you.

The Lord wants to you bless for this month but He expect to you; you have to obey God's word.

Through Jesus Christ you have the opportunity to set free from the all bondage of sin, poverty, sickness :-

1. Jesus paid the price to redeem you from your bondage.
2. Jesus paid the price to redeem you from all your poverty.

If you live in obedience to the word of God throughout this month, you will live long enough. you will be blessed wherever God has placed you.

Dear Children of God,

Read the Bible daily. Thro' that scripture portion God will make you realize to what you need to obey.

If you obey the Lord and carefully follow all His commands, you will not see poor among you. God will supply every need of yours according to His promise. Jesus paid the price to redeem you from your bondage. Jesus paid the price to redeem you from all your poverty. Thro' Jesus Christ you have redeemed and blessed. God will fill your shortage and bless you.

This is the Prayer I have prayed for you:

Our Loving Heavenly Father, I bring your beloved child before you right now in the name of Jesus Christ. Let their burden be rolled away right now. I command in the name of our Lord Jesus Christ for every obstacle in their paths to be removed right now, cause then to see your bountiful goodness in this month. Lord, Bless your beloved children. in Jesus name I pray, Amen.

*Yours Loving Brother In Christ*



Alfred Daniel

# ENJOY QUITE TIME

Sis. Josephine Daniel

'Those who don't have a **Quiet Time** are likely to have an unquiet time during the day.' It is critical that we start our day with the Lord with His Word and in prayer. If we don't, then our life will soon lack direction. Listen to what Isaiah said ...**we long for you. Be our strength every morning.... (Isaiah 33:2)**. Christianity is not a legal relationship, it is a love relationship.

**JESUS is our Example:** Jesus set the example for us concerning quiet time. He took time to connect with the Father regularly, as the following Scriptures tell us: • *And when He had sent the crowds away, He went up into a mountain apart to pray. And when evening had come, He was there alone.* (Matthew 14:23)

- Then **Jesus** went with his disciples to a place called Gethsemane, and he said to them, 'Sit here while I go over there and pray'" (Matthew 26:36).
- "Very early in the morning, while it was still dark, **Jesus** got up, left the house and went off to a solitary place, where he prayed" (Mark 1:35).
- "But **Jesus** often withdrew to lonely places and prayed" (Luke 5:16).
- *He went out into a mountain to pray, and He was spending the night in prayer to God.* (Luke 6:12)
- *He was alone praying, the disciples were with Him.* (Luke 9:18)

As we sit in His presence at the very beginning of the day, He provides His presence and power for us to go through the day. So come, let's also follow the footprints of our Lord and Master and start our days with spending time in His presence. Let the **Quiet Time be our Power Times.**

➤ Now, the question is, **How to start?** ➤ **How can we make our Quiet Time effective?**

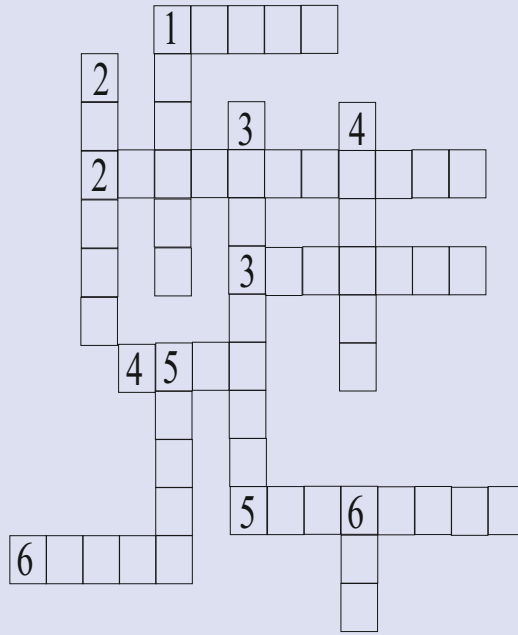
- 1. The Proper Period: Spend time alone with God to begin your day:** You must find the right time. Your quiet time should last at least half an hour. If you can't start at thirty minutes, begin with ten. It should be your very best time. Also find time early in the day.
- 2. The Proper Preparation: A quiet time is fellowship with a holy God:** There are a few things you can do to be prepared for this time. First, be physically alert. Second, be mentally aware. And third, be morally pure and clean.
- 3. The Proper Place: And pray to your father secretly:** Find a place where you can focus. Jesus said enter into your closet and pray. That simply means find a place of separation where you can shut the door on the world and open the windows to heaven.
- 4. The Proper Provisions: you need the right tools:** In order to have an effective quiet time, you need the right tools. Here are some tools I use: Bible, Prayer journal, notepad
- 5. The Proper Procedure: Some Procedures** to follow in your quiet time:
  - 1. Do as the Word of God says:** Enter His Presence with Thanksgiving and Praise. *Worship the Lord with gladness; Come before Him with joyful songs.....enter His courts with thanks giving.....and Praise.... (Ps 100:2-4)*. The presence of God comes to us. (**Ps 22:3**), Where the Enemy is silenced by God. (**Ps 8:2**).
  - 2. Get still and quiet:-**The Bible says in Psalm 46:10, "Be still, and know that I am God." Focus your mind on Him. Calm down, relax, and recognize His presence. Take a deep breath and focus your thoughts on the Lord.
  - 3. Get into the Word of God:-** It's better to start by reading the Bible than it is to start in prayer. It is more important for you to hear from God, even than for God to hear from you. God already knows all about you, but you need to know a lot more about Him. This is the time when you simply read the Bible with an open mind.
  - 4. Meditate: -**As you focus on the Word of God and meditate, let it permeate you. Ask: Is there a command to obey? , Is there a promise to claim? Is there a sin to avoid? Is there a lesson to learn? Is there a new truth to carry with me? ❖ **Record what God has given you.** ❖ **Now you're ready to pray.** When you pray, pour out your soul. Be natural and honest with God. Tell Him how you feel. Pray out loud. It keeps your mind on track and enables you to stay focused. ❖ **Tell others what is God are showing you** ❖ **Finally, obey Learn to what God tells you.**

**Remember:** We are waiting for the Lord in the beginning of the day to show us His plan, His blueprint for our life for this day. Remember this, 'Without having definite times of prayer, we can't have a strong spiritual awareness and without having proper quiet time, we can't experience God in our lives on a daily basis.'

## CROSS WORD PUZZLE

### ACROSS

1. She was Amnon's half-sister, yet he fell in love with her.
2. He played the role of a king, prophet and a priest.
3. The Apostles chose him to take the place of Judas Iscariot.
4. A young man went in search of his asses which were missing and became a king.
5. This prophet said, "The just shall live by faith."
6. To this disciple Jesus gave the name "The Rock."



### DOWN

1. How many Books of the Bible start with the letter 'J'?
2. A calamity which struck in the country of Naomi
3. The priest who gave the consecrated bread to David and his companion.
4. Lot was Abram's \_\_\_\_\_.
5. A type of table used to make Sacrifice to God.
6. A large wooden ship built by Noah.

**ANSWERS**

**ACROSS**  
 1. TAMAR 2. MELCHIZEDEK 3. MATTHIAS 4. SAUL 5. HABAKKUK 6. PETER  
 1. TWELVE 2. FAMINE 3. AHIMELECH 4. NEPHEW 5. ALTAR 6. ARK

**Vision**  
 Vision is not for tomorrow,  
 it is for today



1. Pray for our all missionaries, and their protection, good health.
2. Pray for our all mission fields, newly coming people stand for the witness of God.
3. In Madhya Pradesh 4 missionary are doing ministry among unreached place. Now 80 people accept Jesus Christ as a personal Savior and they are attending worship regularly. They need one church building. We need Rs. 7, 00,000/- (per cent Rs. 40,000/- @ 5 cent = Rs. 2, 00,000/- and building constructions' amount Rs. 5, 00,000/-). Pray for church construction.
4. Pray for our all Sponsor, Volunteers, Prayer partners, Committee members, Magazines Team and Readers, and their protection, good health, and their needs to be fulfill.
5. Pray for all Political Leaders, Sports Person and their salvation.
6. Pray for all God's servants and their good protection.
7. Pray for Alfred & Josephine: good health, protection, spiritual life and God will use them mightily for His kingdom.

Do you have any prayer request? Please contact to us through Email or  
 Phone. [Email: info@dhayaministries.org](mailto:info@dhayaministries.org), [alfreddaniel@rediffmail.com](mailto:alfreddaniel@rediffmail.com)

Contact No. 09893141410, 08871452038

**Bank Details**  
**Dhaya Ministries & Charitable Trust**

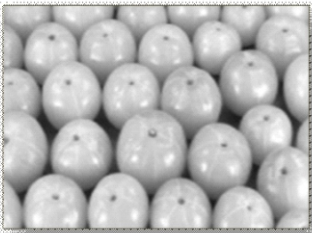
**State Bank of India**  
 A/c.No.30916103538  
 Branch - Purasawalkam, Chennai (T.N.)  
 IFS Code SBIN 0001515

Or

**Union Bank of India**  
 A/c.No.527102010312844  
 Branch - St. Joseph, Bhopal (M.P.)  
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## Benefits of Amla or Indian Gooseberry

Medical Tips



Ever wonder why almost all Ayurvedic preparations contain amla? Or why it is suggested that everyone should have one piece of amla on a daily basis?

Well studies have shown that Amla or the Indian gooseberry is packed with nutrients and can actually help you live a longer healthier life. It is known to be a rich source of Vitamin C. So much so, that one small amla has as much Vitamin C as 2 medium oranges. Packed with compounds like polyphenols, minerals like Iron and zinc and vitamins like Carotenes & Vitamin B complex,

Amla can definitely keep a number of diseases at bay.

1. Fights gastric problems,
2. Soothe an irritated and inflamed throat.
3. Protects your liver.
4. Protects you from cancer.
5. Reverses the ageing process.
6. Proven to increase the motility of sperm and increase sperm production in men suffering from Oligospermia.
7. Controls diabetes and its complications.
8. Protects your heart
9. Rich in Vitamin C and polyphenols, amla is a great source of antioxidants.

### *What Do You Think? & What is your response?*

We have all **sinned** and deserve God's judgment. **God**, the Father, sent His only Son to satisfy that judgment for those who believe in him. **Jesus**, the creator and eternal Son of God, who lived a sinless life, loves us so much that He **died** for our sins, taking the punishment that we deserve, was **buried** and **rose** from the dead according to the Bible. If you truly **believe** and **trust** this in your heart, receiving Jesus alone as your **Savior**, declaring, "Jesus is Lord," you will be **saved** from **judgment** and spend eternity with God in heaven.

### Prayer For Healing And Wholeness

"Lord Jesus, I thank You that You love me and that You are both able and willing to heal me.

At the cross, You took all my sicknesses and pains in Your own body, and by Your stripes, I am healed! Your body was scourged and broken so that mine can be made whole. I receive all that You have done for me and I rest in Your finished work. There is nothing more for me to do.

As I wait on You for the complete manifestation of my healing, I choose to focus on and give praise for Your great love for me. Amen!"

### Do you know?

God speaks through His Word

God speaks through our  
Thoughts

God speaks through  
conversations with others

God speaks through  
Circumstances